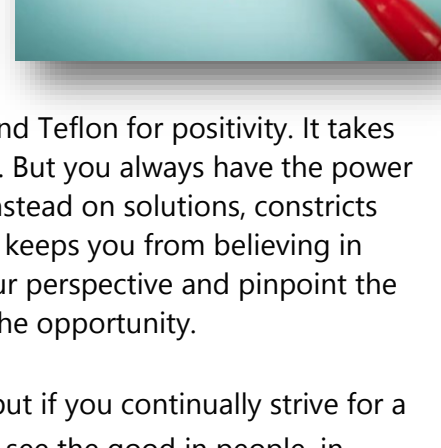


## CLERK'S CORNER

### Rising Up in 2023

At the beginning of a new year, many of us contemplate the work habits we want to change or new goals we want to set. If you haven't taken the time to ask what stands between you and your work performance, maybe it's time to consider what you want to change. Perhaps you get swept up in commitments, gossip from disgruntled colleagues or work challenges and don't realize the toll - mental and physical - it takes. Maybe you're too hard on yourself, and it backfires lowering your engagement. Or perhaps you blame your boss or a coworker for your unhappiness.

You can't fire your boss, give a badmouthing coworker a pink slip or take over the company and restructure it, but you can be a better manager of your self-care, control your reactions or strive for more positivity in your life and hopefully, by taking this route, you may have less stress and more to give to your job.



Scientists say your brain is like Velcro for negativity and Teflon for positivity. It takes five positive thoughts to offset one negative thought. But you always have the power to choose your perspective. Focusing on problems, instead on solutions, constricts your outlook, jails your ability to see possibilities and keeps you from believing in yourself. Happiness at work is yours once you flip your perspective and pinpoint the opportunity in a difficulty instead of the difficulty in the opportunity.

This may not be something that comes easy to you, but if you continually strive for a better outlook, your attitude will change and you will see the good in people, in situations and definitely in your work and work product. I encourage you to consider this a professional goal, not a resolution and just know that each day provides you with an opportunity, even if you need to hit the reset button and try again—practice makes progress. Happy New Year!

### Contact Us

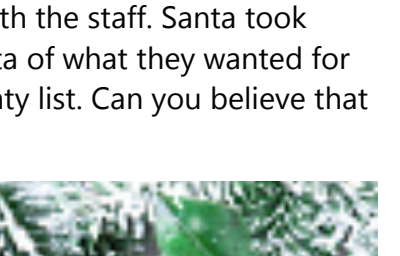
**Address**  
201 Poplar Avenue  
Suite 3034  
Memphis, TN 38103

**Phone**  
901-222-3200

**Hours of Operation**  
Monday - Friday  
8:00 am - 4:30 pm

### Quick Links

- [Criminal Court Case Information](#)
- [Tennessee Supreme Court](#)
- [United States Supreme Court](#)
- [Access to Justice - Justice for All website \(Self-Represented Litigant Resources\)](#)
- [Court Interpreters \(Foreign Language\)](#)
- [Forms on a variety of legal matters](#)
- [Interpreters for Deaf and Hard of Hearing and ADA policy](#)
- [Tennessee Code online](#)
- [Tennessee Judges and Clerks for all 95 counties](#)



## life is short CHOOSE HAPPINESS

### SANTA CLAUS VISIT

Santa Claus visited the Criminal Court Clerk's Office and had cookies and cupcakes with the staff. Santa took time to read the letters the staff wrote to him and some staff members informed Santa of what they wanted for Christmas. Santa Claus announced that none of the staff members were on the naughty list. Can you believe that Mr. Phipps made the nice list?!



### UNION MISSION DRIVE



The Criminal Court Clerk's Office collected boxes of hats, gloves, and socks for the Union Mission to provide to those who are suffering from homelessness. Thanks to the Criminal Court team for their generous hearts during this winter season.

### EMPLOYEE OF THE QUARTER - CHRISTY MAX



### TOY DRIVE (FFUN)



### DECEMBER HOLIDAY FUN



### EMPLOYEE FEATURE - GAIL RANKINS

Ms. Gail Rankins started with the Criminal Court Clerk's Office on April 7, 2000. Her current position is Principal Court Clerk II and she works in the courtroom. Her hobbies include collecting and watching old movies and television shows. Ms. Rankins enjoys watching old shows like Gunsmoke, Big Valley and Bonanza. Her favorite movies are by Tyler Perry, such as Madea's Christmas, Daddy's Little Girls, and I Can Do Bad All By Myself. She also enjoys watching It's A Wonderful Life and Christmas In Connecticut during the holiday season. Ms. Rankins is looking forward to retirement in the near future.

